

## **Musical Theatre Rules and Regulations**

### **Age Groups**

- 1) Juniors A 7-10
- 2) Juniors B 11-14
- 3) Seniors 15-18

### **Categories**

- 1) Small Group 3-8 dancers
- 2) Big Group 8+

### **Music**

Music selection must be from a Musical Show/Movie and should be in English only. The teacher is responsible for uploading the music of each dance. Inappropriate phrases or words should be muted or deleted from the songs.

**The music should be uploaded to the registration system along with the registration of the participants**

### **Duration**

- 1) Solo up to 90 seconds (1 ½ minutes)
- 2) Small Group up to 150 seconds (2 ½ minutes)
- 3) Big Group up to 180 seconds (3 minutes)

### **Outfit for girls and boys :**

- 1) Costume and hairstyle suitable for the choreography they will be performing
- 2) Jazz shoes or character shoes are only allowed
- 3) The breast should be covered
- 4) Brief style, not skin colours, underwear should be used

**Technical rules:**

- Relying heavily on a knowledge of Ballet, Tap and Jazz, Musical Theatre dancers place a high focus on musical interpretation. Emphasized alongside technical skill (Jazz technique for Musical Theatre).

Dancers are allowed to sing over the track and/or mime the lyrics for any Musical Theatre performance. We are looking for creativity, performance and energy! If your routine does not include any singing or miming of any kids you will not lose any points.

**Dance styles such as funky jazz, voguing, waacking, commercial jazz, hip hop, breakdance, Latin, acrobatic/gymnastics tricks are not allowed**