# **Argentine Tango Rules and Regulations**

## **Duos age Categories**

- 1.Small Kids 4-6
- 2. Juveniles 6-11
- 3. Juniors 12-15
- 4. Youth 16-18
- 5.Adults 19+
- 6.Senior 35+

# **Groups Age Categories**

- 1. Juveniles 7-12
- 2. Juniors 13-16
- 3. Youth/Adults 17+

# **Categories**

- Duo
- Small Group (4 8 participants)
- Big Group (9 20 participants)

# **Styles Performed**

- Pista For Duos
- Choreography/Scenario For Groups

## **General Rules**

#### Duos

- 1. The Duos will be performing to 3 different tempo songs
- 2. Traditional style is only allowed
- 3. Separation of the couple and acrobatic tricks are not permitted

## Music

- 1- The duration of the music for the couples will be -/+90 seconds
- 2- Each song will be characteristic to the dance, according to the books, and randomly chosen by the Dj

## Groups

- 1. The choreography could be themed
- 2. The choreography could be synchronized without changes in the formations, or polyrhythmic with changes in the formations
- 3. At least 5 characteristic actions should be included in the choreography according to the dance style

4. Acrobatics are permitted during the performance, although the choreography should not exceed 3 acrobatic tricks in total, which are not allowed to be performed in a single continuation, but they should be split throughout all the choreography. Acrobatic trick is considered when a full frontal or sagittal rotation of a body is done

#### Music

- 1 The duration of the music for the groups will be up to 150 seconds(2mins 30sec)
- 2 Each song/remix should be characteristic according to the dance style.
- 3 The teacher of each group is responsible for production/remix of the composition.
- 4 The teacher is responsible for carrying the music on a usb flash driver
- 5 The music should be uploaded to the registration system along with the registration of the participants

## **Clothing Restrictions**

## Ladies appearance

- 1. The worn dresses should be appropriate to the style (Latin or Ballroom)
- 2. The breast should be covered with the bra cups to not exceed 5cm of the distance between them
- 3. The glutes, the flex point between the legs and the body should be covered, see-through fabrics shouldn't be applied on the intimate body areas
- 4. Brief style, not skin colour, underwear should be used
- 5. Hair styling should be formal and appropriate to the style of dance (Ballroom or Latin)
- 6. The shoes should be appropriate to the dance style (Ballroom or Latin)

#### Man's Appearance

- 1.Man's clothing should be appropriate to the dance style. For ballroom dances men should wear 1.a white long sleeve shirt accompanied with a bow tie 2. Men up to 15 years old could wear a vest 3. Men over 17 years old could wear a black tail suit or a jacket or a vest
- 2.Black or dark tone trousers should be worn
- 3. Hair styling should be formal and appropriate to the style of dance
- 4. The shoes should be appropriate to the dance style

#### **General rules for Argentine Tango**

- a. The men/boys could accompany other ladies for partnering although this is possible only in different age groups categories except their own
- b. Teachers are not allowed to partner with theirs students