

## **Street Dance Rules and Regulations**

### **Age Groups**

- Mini Kids <5
- Small Kids 6-8
- Juveniles 9-12
- Juniors 13-16
- Youth/Adults 17+

### **Categories**

1. Duet
2. Trio
3. Small Crew (5 - 9 participants)
4. Big Crew (10 and Over participants)

### **Music**

The teacher is responsible for uploading the music to the registration system for each group in mp3 format. Inappropriate phrases or words should be muted or deleted from the songs

### **The Duration**

1. Duets up to 90 seconds (1 and ½ minutes)
2. Trios up to 120 seconds (2 minutes)
3. Small Group up to 120 seconds (2 minutes)
4. Big Group up to 150 seconds (2 and ½ minutes)
5. The music should be uploaded to the registration system along with the registration of the participants

### **Styles**

The acceptable styles are Hip-Hop, Locking, Popping & House according to the IDTA Syllabus

### **Acrobatics**

- Acrobatics are permitted during the performance, although the choreography should not exceed 3 acrobatic tricks in total, which are not allowed to be performed in a single continuation, but they should be split throughout all the choreography
- Acrobatic trick is considered when a full frontal or sagittal rotation of a body is done
- The figures of break dancing style are not considered as acrobatic

### **Outfit For ladies**

1. The breast should be covered

2. The glutes, the flex point between the legs and the body should be covered, see-through fabrics shouldn't be applied on the intimate body areas General
3. Brief style, not skin colour, underwear should be used
4. The design of the costume should be based on the style of the choreography
5. The jewelries are not allowed